



Activities Unlimited

General Meeting Tuesday, June 10, 2025, 1:30pm
Wyckoff Reformed Church, Heneveld Hall 580
Wyckoff Ave., NJ 07481

June has arrived and brings us to the summer season and our Annual Barbecue. The barbecue will be held in Allendale at the Crestwood Park on June 5th. Please be sure to sign up and attend.

Thanks to Adolph Galluccio; our Spring Luncheon at Indian Trail Club was enjoyed by many. If you weren't there, you had missed a fun filled event. We were entertained by DJ Eldon Reynoso who provided music from the '50s and '60s for our listening pleasure and dancing. One couple had memories of dancing at their wedding as Eldon was their music provider. It was great to see many of the snowbirds back from their winter habitat.

I am very thankful to all of you who participated in our recent survey. At the last Board meeting, Jack Warner discussed the results of the survey and presented a list of recommendations for the Board's consideration. Shortly, you will receive an email on these recommended items. Also, the entire results of the survey will be posted on the Bulletin Board for those who are interested in seeing the results.

The Marketing Committee is preparing an Action Plan for the Board's review. The recommendations from the Action Plan will be published on the Bulletin Board so members are familiar with them before the vote at our Annual Breakfast in October. You will be voting on each recommendation. You can contact me if you have any questions or comments about the survey, recommendations, and voting.

At our June meeting, our speaker will be from Bergen Volunteers Retirement Team and at our July meeting we will have speakers from Valley Hospital Health. There will be no meeting in August. Looking forward to seeing you all at our June meeting. Please make a sincere effort to attend.

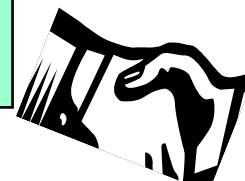
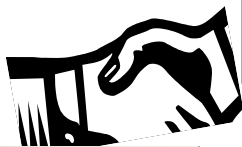
Tom Donch, President

There were no food bank collections at the May luncheon.

On May 26 Activities Unlimited
Placed a Beautiful Wreath in Celebration of Memorial Day
at the Wyckoff Reformed Church



ACTIVITIES UNLIMITED



2025 OFFICERS



Tom Donch
President
201-376-8824

Gaspar Lesznik
1st Vice President
201-774-8608

Adolph Galluccio
2nd Vice President
973-392-4802

Marty Valerio
Secretary
201-394-2938

Doug Cooper
Treasurer
908-907-1112

Gabe Carifi
Assistant Treasurer
201-738-8323

The Care and Concern Committee would like to tell you that we made a mistake and did not list Jim Atieh's birthday in May in our May newsletter. Happy Birthday to him and all our other celebrants!

Welcome New Members		
Mark Stahl	Short Hikers, Webmasters, Luncheon, Safe Shooting Club	C. (201) 321-9986 stahl5129@gmail.com
Jeffrey Friedman	Short Hikers, Golf, Hiking Long, Pickle Ball	C. (504) 251-5605 jeff.friedman24@gmail.com
Jerry Zimmerman	Golf Club, History Club, Investment Study Group, Luncheon Club	C. (845) 537-1744 gzimmerman23@optimum.net
Mark Linder	Book Club, Bowling, Gardening Club, Investment Study, Luncheon Club, Stock Market Club, Stock Picking Contest	C. (551) 206-3175 marlin1019@hotmail.com

Proposed Amendments to AU By-Laws

At the May 13, 2025, Executive Board meeting, the Board approved the following amendments to the By Laws. In accordance with By Laws Article XI Amendments, the amendments must be published in two prior Newsletters (in this case June and July) and announced at one General Meeting (June) before members vote at the October Breakfast.

Below is a list of the proposed amendments to the current By Laws dated September 10, 2024, which are posted in the Archive section of the AU website.

Article IV APPOINTEES, Section 3. Standing Committees

Preamble added

These committees operate independently of the Executive Board. However, it is the responsibility of the Board to assure they are staffed and function to provide their vital services.

Item 3.1.1 changed President to Executive Board

Item 3.2.1 changed President to Executive Board

Item 3.3.1 changed President to Executive Board

Item 3.4.1 changed President to Executive Board

Item 3.5.1 changed President to Executive Board

Item 3.6.1 changed President to Executive Board

Added Item 3.7 Trips & Tours and Special Events

3.7.1 The Chairman of the Trips and Tours and Special Events Committee shall be selected by its members. It is the responsibility of the Executive Board to assure that a qualified Chairman is managing this committee.

3.7.2 The Chairman may solicit additional members for the Trips & Tours Committee and Special Events.

3.7.3 The duties of the Trips and Tours Committee are to

3.7.3.1 Organize social and entertainment activities for the general membership.

3.7.4 There is no term limit on this position

END OF AMENDMENTS

I am available, by email or phone, to address any questions or comments you may have.
Marty Valerio, Board Secretary, marty@hyregulatory.com, 201.394.2938 cell



Trips & Tours

The next T&T meeting will be on **June 10** after the
General Meeting
Chair: Tom Van Lenten: 201-248-7207

Upcoming Events –Summer- Fall 2025

Thursday, June, 5th, Summer BBQ, at the Red Barn, Crestwood Park, Allendale, NJ. This event is this week! If you have any questions call Joseph Pullaro at 201-337-0018 or John Murphy at 201-723-4404.

Thursday, August 14 Wine Tasting, Total Wines, River Edge, NJ. It will be a fun AU social gathering. Tasting of wines from the Southern Hemisphere. Serving mini Jersey Mike's subs, soda & water, Italian cookies. Cost is \$20pp (a steal). Make checks payable to Activities Unlimited, mail check to Thomas Van Lenten, 102 Walnut Street, Mahwah. Reserve early as there is a capacity limit of 40.

Golf Outings, July 9th at Farmstead Golf Course, September 16 at Apple Green, organized by the AU Golf Club.

Thursday, September 18th, Annual Social, 6pm to 9pm at the Upper Ridgewood Tennis Club, 915 Glenview Road, Ridgewood, NJ. This event has become a very popular Fall activity. We are looking forward to our new members joining us as it is a great way for them and their wives/significant others to meet everyone in a casual social environment.

Friday, October 3, Tour of Swaminarayan Temple, the largest Hindu mandir (place of worship) in the USA with breathtaking architecture, built by 12,500 volunteers in 2011-2023, located in Robbinsville, NJ. Tour followed by early dinner.

Tuesday, October 14, AU Member Breakfast, Brick House, Executive Board Sponsored event. Hot buffet breakfast served, speaker to be announced.

Monday, December 8, Christmas Dinner Dance, Seasons. Washington Township, NJ.

Current Month Club Activities

AU Guys Big Band

The AU Guys Big Band meets Wednesdays at 10:00 am at the Midland Park VFW Hall. June meetings will be on 11th, 18h, and 25st. The Band will be performing at the AU BBQ Picnic on June 5, 2025 at Crestwood Lake from 4:00 to 8:00 pm.

Chair: John DeSantis, 201-315-3730.

Co-chair: Frank Altomare, 201-410-4712

Book Club

The Book Club will be meeting on Wednesday June 25 at 10am at the Wyckoff Reformed Church Memorial Room. Books to be discussed are **Benevolence and Betrayal** by Alexander Stille and **The Goldfinch** by Donna Tart.

Chair: Gregg Krieger, 201-925-3197

Co-chair: Peter Bieszard, 201-739-3584

Bowling Club

AU has formed a Bowling Club! The group meets every 2nd and 4th Friday of each month at 10:00 am to bowl for fun and camaraderie at the Montvale Lanes. *The club does not meet from June through September.*

Chair: Scott Japko, 201-788-5516

Garden Club

Garden Club Meetings are currently on hold.

Chair: Fred Theile, 201-981-1801

Current Month Club Activities (cont.)

History Club

History Club meets on June 24th at 1pm at the Midland Park VFW Hall. Our June meeting will feature Frank Crotty, a very knowledgeable speaker as our presenter. Frank is an attorney in New Jersey for 50 years and has been a member of the Board of the Directors of the Wyckoff YMCA 39 years.

He has presented to many groups on a variety of historical subjects. His talk to us will be about the Vietnam War where he served as a prisoner of

Chair: Joe Pullaro, 201-378-8378

Co-Chair: Stephen Joern, 201-491-7456

Investment Study Group

No meeting this month.

Chair: Dennis LaBarbera, 561-222-1027

Pickle Ball

Pickleball Club meets Tuesdays and Thursdays at 9 am. Play will take place at Wyckoff Pickleball courts behind City Hall, 200 Woodland Avenue.

Chair: Kenneth Frisco, kenfrisco@aol.com

Co-Chair: Timothy Tracey, tdt375@gmail.com

Photography Club

Photography Club will meet on Tuesday June 24th at 10:30 am at the Midland Park VFW Hall.

Chair: Murray Perl, 201-261-7276

Co-Chair: Sam Ohan, 201-825-0437

Public Discussion Club

Public Discussion Club meets on Wednesday June 11th at 10 am at Franklin Lakes Ambulance Corps Building. Discussion topics will be emailed before the meeting.

Chair: Walter Widmer, 551-286-4045

Co-Chair: Tom Butler, 201-452-6649

Current Month Club Activities (cont.)

Science Club

The Science Club will meet on Tuesday June 17th at 1 pm at the Midland Park VFW Hall. There will be a presentation about pandemics, details to follow.

Chair: Marc Bernhardt, 201-236-2957

Safe Shooting Club

Safe shooting club will hold its next meeting on June 25 at the VFW Hall in Midland Park.

Chair: David Hubschmitt, 973-650-0052; Co-Chairs: Richard Berger, 201-741-9233, Tony Dilorgi, 973-216-7028

Stock Market Club

The AU Stock Market Club meets on the first and third Tuesday of each month at 9:00 am at the Midland Park VFW Hall . The June meetings will be on the 3rd and 17th.

Chair: Frank Nusspickel, 201-739-5773
Co-chair: Steve Klein, 201-264-1654

Stock Picking Contest

The results of the Stock Picking Contest will be sent the first week of June via email.

Chair: John Abrahamsen, 201-739-8589

Technology & Computer Club

There will be no Computer Club meeting in June.

Chair: John Abrahamsen, 201-739-8589
Co-chair: Fred Theile, 201-981-1801

Two AU guys fishing in upstate NY, near Bethel, remember Woodstock?
John Steen and Fred Theile went fishing on Black Lake.



Picture Highlights from AU Club Chairs

Short Hikers Club

On May 19th we hiked around Laurelwood Arboretum, in Wayne!
Beautiful fully in bloom gardens! And weather was A+ day!



AU Club Highlight: History Club

The History Club has been in existence for over nine years. It was started by Pablo Catangay who was the chair from the beginning but has moved from the area. Joe Pullaro is the current Chair, and Steve Joern is the Co- chair both serving in this position since September 2023.

We are one of the most active clubs, with over 45 attending our monthly meetings. We meet on the 4th Tuesday of every month at 1pm at the VFW building, 28 Faner Road, Midland Park.

We have a presentation each month, most of the time by our own members but do sometimes bring in other speakers. The subjects vary widely and could include talks about the history of countries, leaders, wars, space exploration and even baseball. We also occasionally have a trivia contest focusing on history of course. We encourage our members to talk about the history of their profession and have had some do so.

We post the notice in the AU Newsletter, and send out 2 emails each month with updates, one to the list of members who generally attend and one mass email to all



During the April History Club meeting 55 members enjoyed the great presentation entitled “History of Israel” by Michael Rakhlin. At times a lively debate ensued.

AU Club Highlight: Trips & Tours

Trips & Tours is a team of approximately 12 enthusiastic and motivated AU Members that plans and executes 12 – 15 trips and events per year. We welcome all AU members to join us in planning our trips. These trips are for both members and their wives/companions. Membership on the team is both fun and rewarding. We also welcome ideas for trips and events. Current Team members are: Chair: Tom Van Lenten, Tom Butler, Mark Cohen, Adolph Galluccio, Lou Guarneri, George Rosazza, Bob La Salvia, George Lewis, Bill Mastellon, John Murphy, Joe Pullaro, and Dave Voehl.

A few examples of some of our past trips / events include: concerts, luncheons, beef steak dinners with comedian, wine tasting, touring local places of interest such Newark Cherry Blossoms Festival, and summer BBQ. In the past we have also taken extended trips to Europe, South America and the United States, both land and cruise.



Care and Concern



During the month of May 2025, the Care and Concern Committee sent out these cards: 2 Get Well, 1 Congratulations.

Please let us know if we have missed any occasion of joy or concern by contacting John Toth at johntoth52@hotmail.com.

A Suggestion and Request from the Care and Concern Committee:

Over the last few months, it has seemed that a few AU members have let us know about the joys and concerns in their own lives. However, more AU members are quick to let us know about the joys and concerns of other members. So, please let us know when we can send a message of support to someone you know in our club. And, if you prefer, we will keep your name anonymous.

AU June Birthdays

We are not aging, we are ripening to perfection.

Robert Fern

David Rajpurohit

James Fitzgerald

Donald Hayek

V. Cinquina

Robert Valdez

Frank Melia

Emil Salvini

Steven Howard

Donald Randolph

Henry Cruz

Jim Kranz

John Murphy

Joseph Decilveo

Jeremiah Lynch

Peter Swist

Michael Wolf

Jack Rodenberg

Leonard

Levy

Richard Carlin

Mark Cohen

Ron Petherbridge

Robert Dietch

Phil Lesorgen

William Milcos

Rick Pascal

Robert Groesbeck



On The Lighter Side

I hate it when I see an old person and then realise we went to high school together.



I'm gonna quit my job and travel the world until I run out of money!

I estimate I'll be home again around 10 PM this evening...

Found an extra pair of boots at the worksite so I decided to give my boss a heart attack



IT WAS A GOOD DAY IN CLASS WHEN THE TEACHER ROLLED OUT THIS BIG BOY

